

TECHNICAL APPENDIX

Pacific Islander and Asian Comparative Results

DECEMBER 2025

This is a technical appendix to accompany the [Unsettled Waters: Anti-Pacific Islander Hate Amid Ongoing Injustice](#) report. This technical appendix presents comparative results for Pacific Islander and Asian respondents. The Asian respondent sample included only those who identified with one or more Asian regional subgroups and excluded anyone who also identified as Pacific Islander. The Pacific Islander respondent sample included those who identified as either Pacific Islander or as both Pacific Islander and Asian. Given that the report's primary focus was on the experiences of Pacific Islander adults with hate acts, we limited our bivariate and follow-up multivariate analyses comparing Pacific Islander respondents and Asian respondents to a selected set of survey items.

ANTI-ASIAN AMERICAN AND ANTI-PACIFIC ISLANDER HATE ACTS

Did you experience any of the following [forms of hate acts] due to your race, ethnicity, or nationality in 2024?

	Pacific Islander respondents	Asian respondents
Any hate act	47%	53%
Harassment	41%	48%
Institutional discrimination	27%	24%
Physical harm or contact	23%	10%
Property harm	18%	9%

LOCATION OF HATE ACTS

In what location(s) did the experience(s) occur? (of those who experienced hate)

	Pacific Islander respondents	Asian respondents
Online	48%	39%
Public street, park, or parking lot	44%	37%
Workplace*	38%	19%
Business	37%	31%
Residence	29%	17%
Educational institution*	26%	11%
Healthcare setting*	22%	9%
Public transit	22%	19%
Government setting	17%	10%
Place of worship*	16%	6%

Note: An asterisk (*) indicates that differences between Pacific Islander and Asian respondents are statistically significant at $p < .05$, even after adjusting for various factors.

OTHER IDENTITIES TARGETED

Were any other aspects of your identity targeted in these experiences in addition to your race, ethnicity, or nationality? (of those who experienced hate)

	Pacific Islander respondents	Asian respondents
Age*	38%	17%
Class	36%	19%
Gender	29%	25%
Immigration status	19%	15%
Disability	19%	7%
LGBTQ+ identity	14%	9%
Religion	14%	9%
Caste*	13%	4%

Note: An asterisk (*) indicates that differences between Pacific Islander and Asian respondents are statistically significant at $p < .05$, even after adjusting for various factors.

NEGATIVE IMPACTS OF HATE

After experiencing the racially-motivated event(s), were you impacted in any of the following ways? (of those who experienced hate)

	Pacific Islander respondents	Asian respondents
Experienced negative effects on their health*	58%	40%
Took steps to enhance their safety*	42%	28%
Altered their behavior	38%	27%
Faced financial repercussions*	33%	15%
Strained personal relationships*	33%	15%
Experienced decreased sense of belonging	32%	36%

Note: An asterisk (*) indicates that differences between Pacific Islander and Asian respondents are statistically significant at $p < .05$, even after adjusting for various factors. Only negative impact response items are reported.

MENTAL HEALTH IMPACTS

Over the last two weeks, how often have you been bothered by the following problems? (of those reporting these feelings several days or more)

	Pacific Islander respondents		Asian respondents	
	Did not experience hate	Experienced hate	Did not experience hate	Experienced hate
Felt stressed	67%	71%	47%	70%
Felt nervous, anxious, or on edge	60%	66%	37%	58%
Felt down, depressed, or hopeless	45%	65%	30%	47%*
Had little interest or pleasure in doing things	42%	65%	28%	45%*
Felt isolated or alone	35%	61%	25%	42%*
Unable to stop or control worrying	54%	57%	31%	50%

Note: An asterisk (*) indicates that differences between Pacific Islander and Asian respondents who experienced hate are statistically significant at $p < .05$, even after adjusting for various factors.

MODERATE OR SEVERE SYMPTOMS OF ANXIETY AND DEPRESSION

Patient Health Anxiety Depression Score

	Pacific Islander respondents	Asian respondents
Moderate or severe symptoms of anxiety or depression*	28%	13%

Note: An asterisk (*) indicates that differences between Pacific Islander and Asian respondents are statistically significant at $p < .05$, even after adjusting for various factors.

FELT UNACCEPTED

Thinking about your ethnic or racial identity, do you feel accepted in each of the following settings?

Felt <i>unaccepted</i>	Pacific Islander respondents		Asian respondents	
	Did not experience hate	Experienced hate	Did not experience hate	Experienced hate
In American society	28%	45%	20%	41%
In their faith community or place of worship	21%	38%	11%	29%
In their workplace or school	26%	36%	10%*	24%
In extracurricular activities	24%	29%	13%*	23%
In their local neighborhood	20%	28%	11%	23%
Among their friends	16%	27%	9%	12%
In their family	19%	26%	8%	15%

Note: An asterisk (*) indicates that differences between Pacific Islander and Asian respondents *who did not experience hate* are statistically significant at $p < .05$, even after adjusting for various factors.

REPORTING AFTER EXPERIENCES WITH HATE

After experiencing the racially-motivated event(s), did you speak about or report any of the incident(s) to the following people or organizations? (of those who experienced hate)

	Pacific Islander respondents	Asian respondents
Did not report to anyone*	25%	41%
Did not report to formal authorities*	61%	79%

Note: An asterisk (*) indicates that differences between Pacific Islander and Asian respondents are statistically significant at $p < .05$, even after adjusting for various factors. Formal authorities include civil rights law enforcement agencies, criminal law enforcement agencies, and non-governmental authority figures.

REASONS FOR NOT REPORTING TO FORMAL AUTHORITIES

If you decided NOT to file a formal report, why didn't you report to [an authority figure/the police/a prosecutor/a government agency]? (of those who experienced hate and did not report to authorities)

	Pacific Islander respondents	Asian respondents
Did not think it would make a difference	50%	62%
Did not want unwanted attention for myself or my family	49%	46%
Not serious enough to report	47%	67%
Did not trust them to do anything	43%	46%
Thought it would take too much effort and time	41%	48%
Feared negative action against me or my family by offender	36%	27%
Did not know if it was something I should report	31%	40%
Did not know where to go or what to do	28%	35%
Not the appropriate person or entity to report to	25%	26%
Was not able to report in a language I feel comfortable with or get help reporting	7%	7%

NEEDED SUPPORT, BUT NOT RECEIVED

After experiencing the racially-motivated event(s), what type of support did you receive or need?
(of those who experienced hate)

Summary of all supports	Pacific Islander respondents	Asian respondents
Needed support but did not receive*	56%	37%

Note: An asterisk (*) indicates that differences between Pacific Islander and Asian respondents are statistically significant at $p < .05$, even after adjusting for various factors.

RESISTANCE TO HATE

Looking back to 2024, did you participate in any of the following activities to reduce or resist racial discrimination?

	Pacific Islander respondents	Asian respondents
Participation in any resistance efforts in 2024	67%	67%

ACTIVATION AGAINST HATE

How likely are you to take action in the following areas this year (2025)? (those who answered extremely or very likely)

	Pacific Islander respondents	Asian respondents
Take any action in 2025	70%	65%

How important is it for Asian and Pacific Islander communities to unite and work together with the following groups to end racial discrimination? With other racially marginalized communities (those who answered extremely, very, or moderately important)

	Pacific Islander respondents	Asian respondents
Believe in the importance of cross-racial solidarity	89%	87%

How important is it for Asian and Pacific Islander communities to unite and work together with the following groups to end racial discrimination? Across other Asian and Pacific Islander ethnicities (those who answered extremely, very, or moderately important)

	Pacific Islander respondents	Asian respondents
Believe in the importance of intra-racial solidarity	88%	91%

How [optimistic or pessimistic/pessimistic or optimistic] are you that Asian American and Pacific Islander (AA/PI) communities have the power to end racial discrimination through working together and/or taking political action? (those who answered strongly, very, or moderately optimistic)

	Pacific Islander respondents	Asian respondents
Optimistic about AA/PI power to end racism	83%	82%

How concerned are you about racial attitudes, discrimination, and tensions in the United States? (those who answered extremely, very, or moderately concerned)

	Pacific Islander respondents	Asian respondents
Concerned about the U.S. racial climate	82%	83%

How motivated are you to get involved in efforts to advance justice and equity for Asian Americans and Pacific Islanders? (those who answered strongly, very, or moderately motivated)

	Pacific Islander respondents	Asian respondents
Motivated to get involved in justice/equity efforts	75%	67%